



I currently design, publish and conduct workshops in the creative mixed media community. The workshops gather women and men from varied background and skill level. One common thread which attracts me to teach in this exciting arena is that most participants are seeking motivation and/or healing, so they may once again become confident, whole and well. Art and creativity and the gathering of like people, doing what makes them happy is a healing process which is palpable.

I began this path after 29 years as a nurse leader in clinical and classroom education, teaching at several Schools of Nursing, serving as Director of Education in Long Term Care, participating as developer for the Nursing Assistant Training Program Guidelines in Pennsylvania, and publishing professional articles in national nursing journals, calling for the release of physical and chemical restraints in the elderly, as well as writing health and human interest stories for the local newspaper. My clinical areas of expertise have been general medical nursing, Long Term Care Coordinating, Medical Intensive Care, and Trauma/Emergency Room Nursing.

The process of teaching and publishing is the same in the creative mixed media venue as it is in nursing education. There are lists, materials, photos, and the proper steps an instructor must take to ensure success in the end process or product. Torches, soldering irons, paints and canvas replace thermometers, IV infusions, enemas and the like for tasks taught by the instructor and mastered by the learner.

While in mixed media, I have been both vendor of my pieces, and instructor of the process. I have had to develop a blog and website and master retail transactions. Photography has always been an interest and now good photography and photo editing, a necessity. In a few short years, I have learned a lot about running a business and taking it on the road....exhausting at times, but always fulfilling.

Retreats where I have taught and vended annually include the following leaders in the Mixed Media Field:

- Art & Soul Retreats, Virginia Beach, VA
- Art Is You Retreats, Stamford, CT and Petaluma, CA
- CREATE, Somerset, NJ
- Beadfest, Philadelphia, PA

Local Workshops conducted at schools and in studios on the East Coast include:

- FIT (The Fashion Institute Of America), New York, NY
- Cricket Manor, Frederick, MD
- Art More Place, Melbourne, FLA
- The Charmed I'm Sure Studio, Mechanicsburg, PA
- The Adams County Arts Council, Gettysburg, PA
- Allegory Gallery, Ligonier, PA
- The Studios (formally Four Directions Gallery), Pittsburgh, PA
- Atria Merrimack Place, Newburyport, Mass

Publications where my mixed media work can be seen include the following:

- Belle Armoire Jewelry Magazine, several issues
- Jewelry Affaire Magazine, several issues
- Somerset Studio Gallery Magazine, several issues
- Just Steampunk Magazine, several issues and cover
- Cloth-Paper-Scissors "PAGES" publication
- Lark 500 Showcase Necklaces Annual Book Publication

Design Teams Include:

- Amazing Casting Products Team Member, a subsidiary of Alumilite Corporation